



# Health and healthcare submission form

Making a submission will help Yoorrook recommend changes to right the wrongs of the past and make a better shared future for everyone in this place we call home. You can answer as many questions as you like. Questions that require a response will be marked **\*(required)**.

There are three sections to this submission form:

**PART A** asks for basic information about you

**PART B** asks you to share your truths about health and the healthcare system

**PART C** asks about how you would like your information protected and used.

## PART A: About you

### Q1: Name?

Leave blank if you prefer not to say

\_\_\_\_\_

### Q2: Who is/are your mob/s?

Leave blank if you prefer not to say

\_\_\_\_\_

## PART B: Truths

**Q3: What has been your experience of the Victorian health system? Have you faced any challenges or barriers to accessing care?**

My experiences have been mostly good. I find if I'm very unwell everything is great. But if I seek support with some services ie dietitian, unless I'm in complete distress it's very difficult to get anywhere.



Q4: Is the mainstream health system culturally safe for you? Why or why not?

The mainstream system I've mostly dealt with has been via [redacted] + [redacted] Hospitals. I find [redacted] is very good/quick to get the [redacted] staff to come see you - their nurses not so welcoming or culturally safe. [redacted] nurses + staff are very welcoming but never have I seen/been connected with the ALO's etc.

Q5: What are examples of good practice or programs happening at ACCHOs that could be adopted more widely across the health sector?

One that I've been involved with is the comprehensive diabetes clinic that ~~was~~<sup>is</sup> VAHS have in place. It's great to be able to see so many medical + Allied Health specialists all in the same morning sessions.

Q6: What changes to the current health system would you like to see?

Move focus on a holistic approach instead of having multiple appointments for varying issues, would help unclutter the medical services.