

**Submission to Yoorrook Justice Commission****From: Katrina Mobourne****Dated: 10 September 2024****Submission:**

What does it feel like to be an Aboriginal person living in Victoria?:

I feel discriminated in society

**Experiences:**

When we talk about discrimination that cover a whole range of issues from going out and dealing with this on a daily basis has caused mental health issues not only discrimination but there's a lack of services that get funded to look after our lives in general but its more about control and after time it's feels like I have no trust in getting help therefore this leads to having no self esteem and thinking the only way to cope with issues it to self medicate of illegal substances and alcohol abuse which then long term causes illness to a healthy life moving forward . I don't get the full services like 1st and 2nd class white person would so therefore we are being diagnosed wrongly.

**Self Determination:**

Self- determination is our own responsibilities for our own people an not having genocide justice laws control us as theae 1st Australians

**Changes for future generations:**

To have self determination and self govern there own futures and our sovereign rights

**END**